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节点文献

尿毒症患者炎症、营养不良、左心室肥厚间相关关系的研究

Relationship between inflammation and malnutrition, left ventricular hypertrophy in uremic patients

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【摘要】目的了解尿毒症患者炎症与营养不良、左心室肥厚(LVH)之间的相关关系。方法62例尿毒症患者,其中腹膜透析(CAPD)者21例、血液透析(HD)19例、肾衰竭未透析者(CRF)22例及健康对照(CONT)15例,测定血C反应蛋白(CRP)、白蛋白水平以及超声心动图检查左心室肥厚(LVH)的情况,并用主观整体评价(SGA)法评价4组对象的营养状态。结果按SGA标准,CAPD组、HD组、CRF组的营养状况与对照组相比差异有显著性($P < 0.05$)。CAPD组、HD组、CRF组与对照组的血白蛋白、炎症因子CRP水平差异均有显著性($P < 0.01$)。CRP与白蛋白呈明显负相关(r 值分别为-0.387, $P < 0.01$),与LVH呈正相关($r = 0.528, P < 0.01$)。LVH与ALB成负相关($r = -0.362, P < 0.05$)。结论尿毒症患者大多存在炎症反应增高和营养不良,炎症与营养不良呈负相关,与左心室肥厚呈正相关。左心室肥厚与营养不良呈负相关。

【Abstract】[Objective] To investigate the relationship between inflammation and malnutrition, left ventricular hypertrophy (LVH) in uremic patients through cross-sectional study. [Methods] twenty-one CAPD, nineteen hemodialysis and twenty-two CRF were included in this study, and fifteen healthy adults served as control. Plasma CRP and albumin(ALB) were measured. The presence of LVH was determined by ultrasonic cardiography (UCG). Their nutritional status were measured using SGA. [Results] According to SGA,...

【关键词】营养不良; 炎症反应; 左心室肥厚; 尿毒症; 透析;

【Key words】malnutrition; inflammation; left ventricular hypertrophy; uremia; dialysis;

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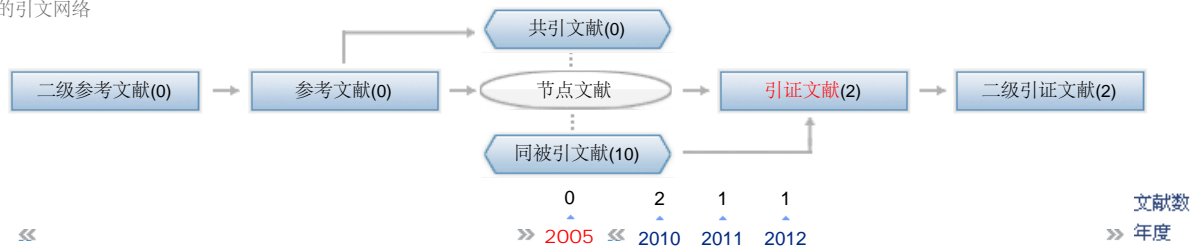
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