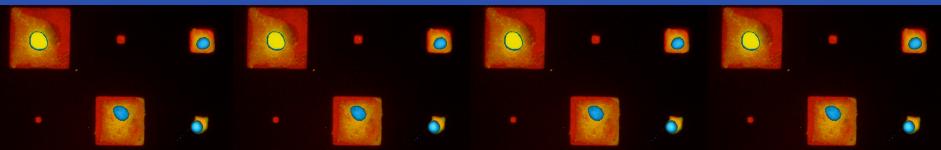


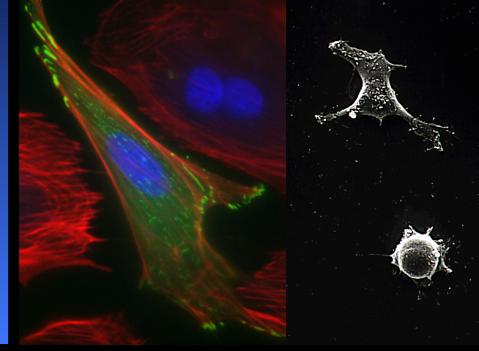
Mechanobiology and Diseases of Mechanotransduction

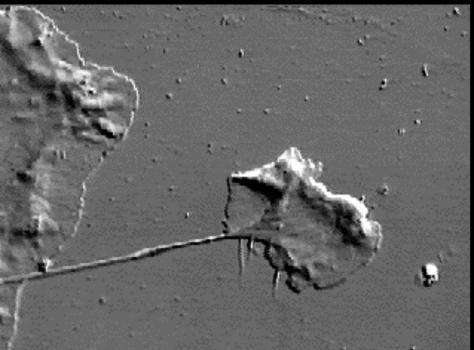
Don Ingber, MD, PhD

Judah Folkman Professor of Vascular Biology, Harvard Medical School & Children's Hospital Founding Director, Wyss Institute for Biologically Inspired Engineering at Harvard University Professor of Bioengineering, Harvard School of Engineering & Applied Sciences



How are living cells and tissues constructed?







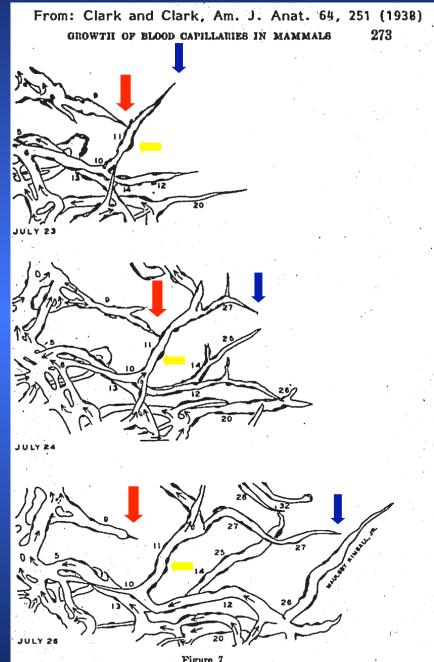
A Linear View of Tissue Development

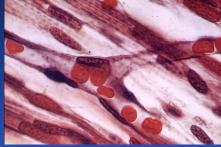
(Tumor Angiogenesis = blood capillary formation)



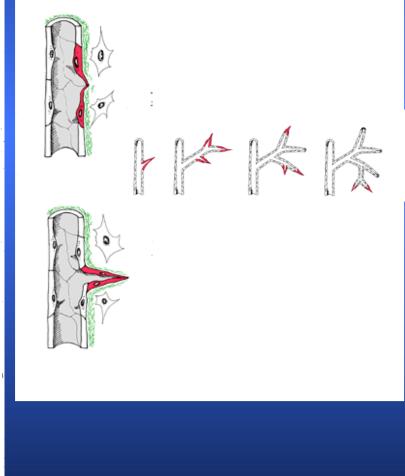
(NOVA WGBH Boston)

Local Control during Angiogenesis

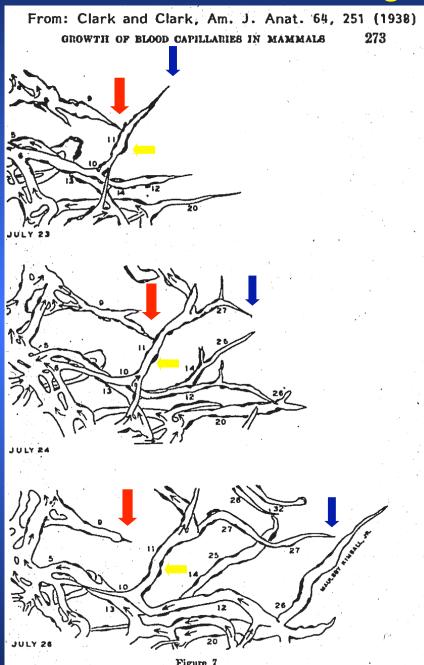




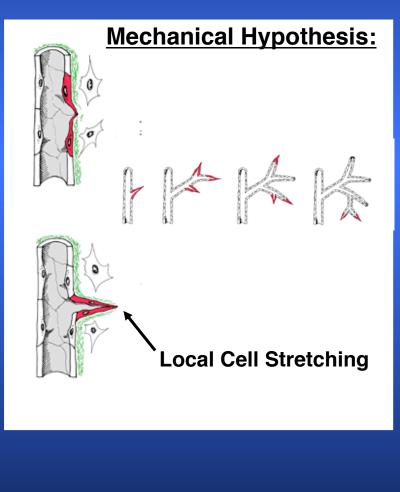
Branching Patterns



Local Control during Angiogenesis







Mechanical Influences during Embryo Formation

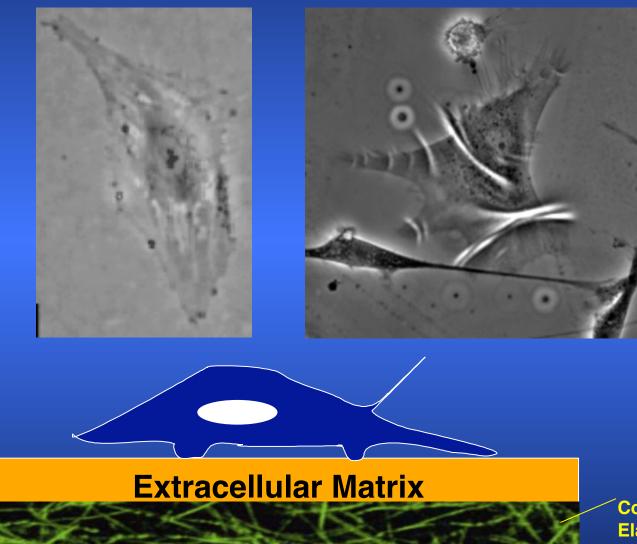


ZEBRA FISH Development



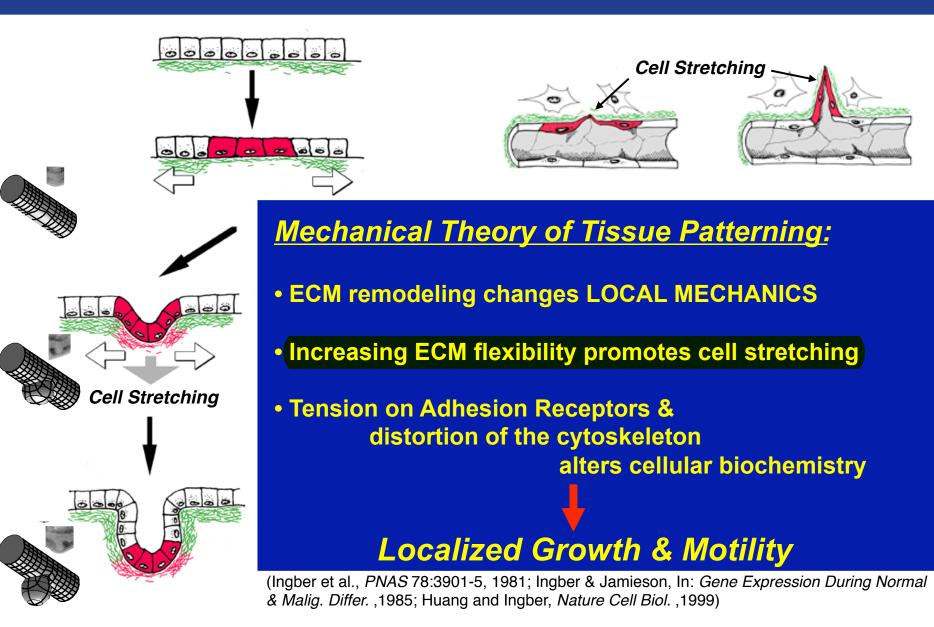
(from R. Karlstrom and D. Kane; http://zfin.org)

All Cells Exert Tension on their Matrix Adhesions

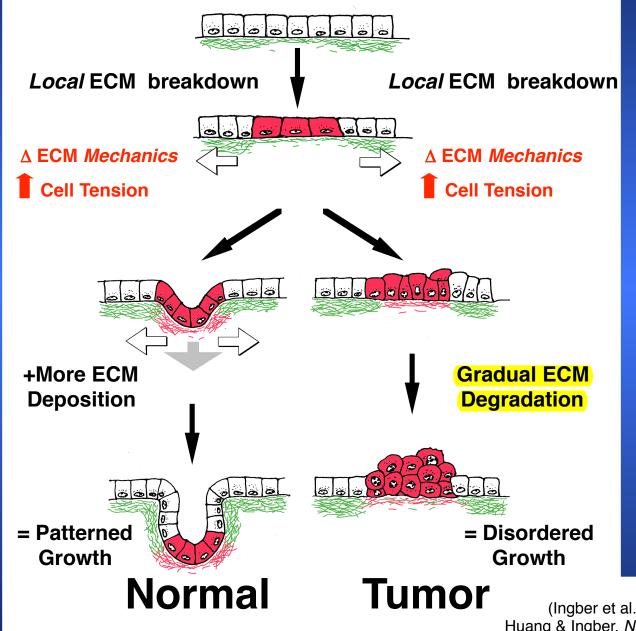


Collagens Elastin Glycoproteins Proteoglycans

Micromechanical Control of Morphogenesis

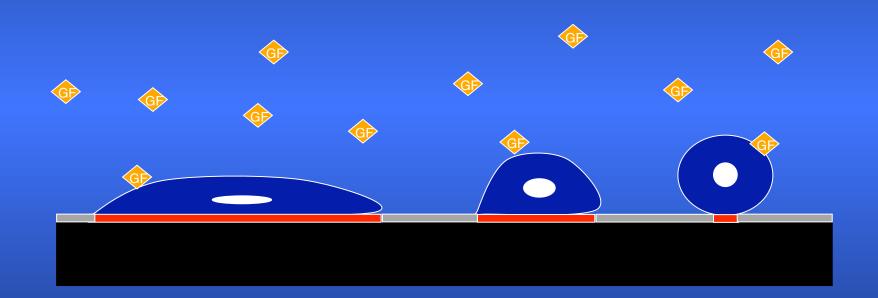


Implications for Cancer Formation



(Ingber et al., *PNAS*, 1981; Huang & Ingber, *Nature Cell Biol.* 1999)

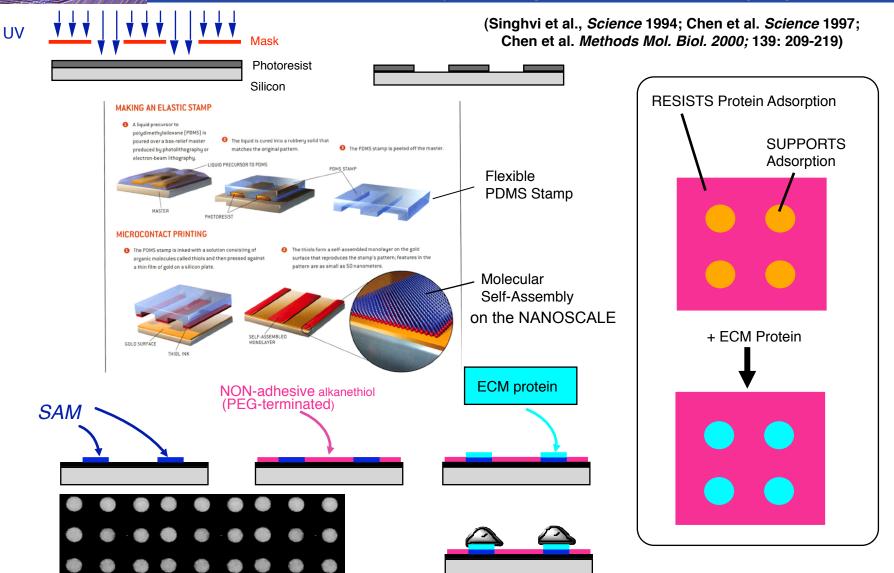
Does Cell Distortion Control Cell Function?



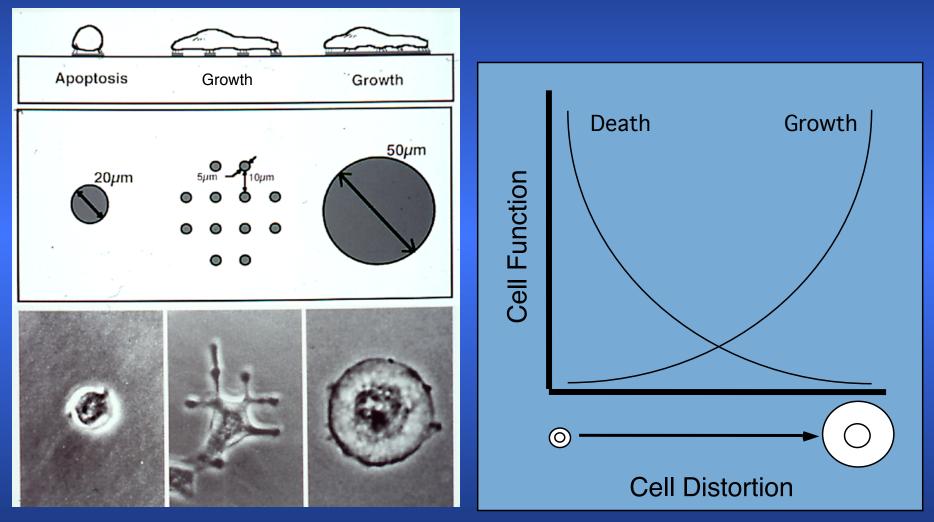
Nanotechnology-Based Microfabrication

(Soft Lithography + Self Assembling Monolayers)

(with George Whitesides, Chemistry Dept. Harvard U.)

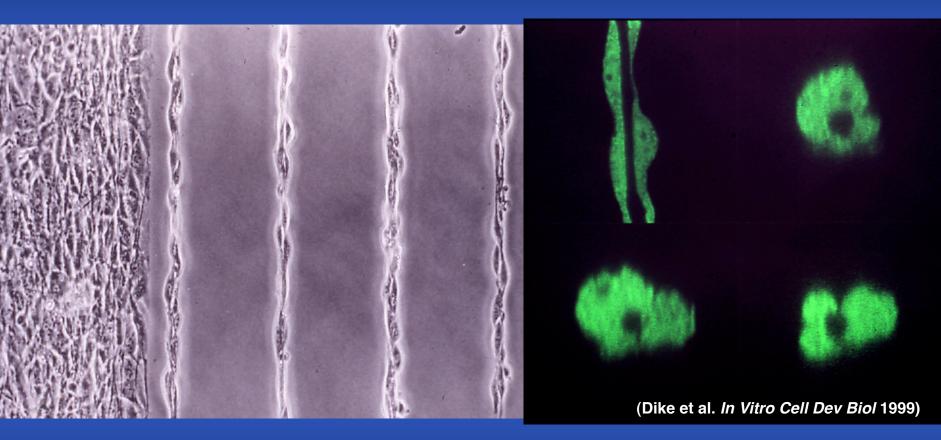


Stretching Cells Makes Them Grow And Rounded Cells Die

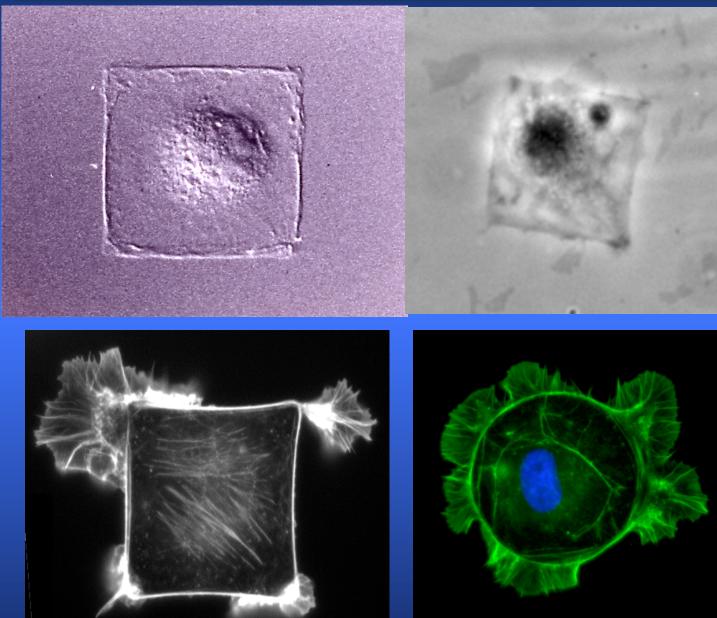


(Singhvi et al. Science 1994; Chen et al. Science 1997)

Capillary Blood Vessel Formation In A Dish



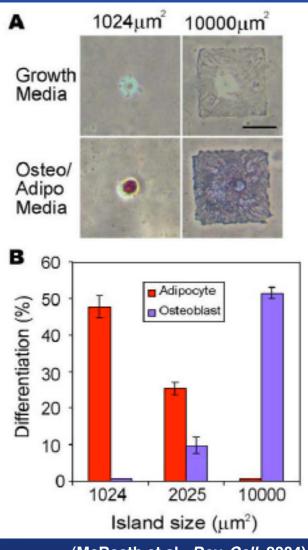
Stretch-Dependent Control of Directional Motility



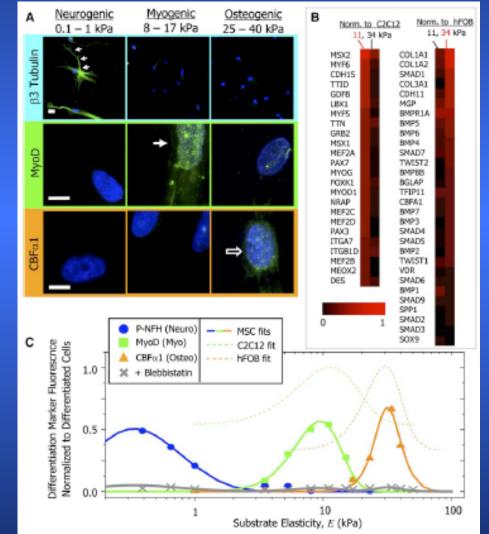
(Parker et al. *FASEB J* 2002)

Cell Shape & ECM Mechanics Control Human Mesenchymal Stem Cell Lineage Switching

Work of Chris Chen (U. Penn)



(McBeath et al., *Dev. Cell.* 2004)

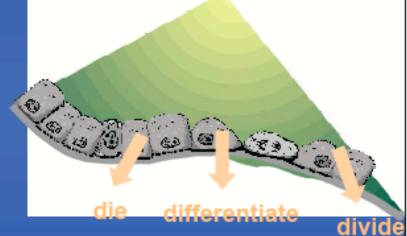


Work of Dennis Discher (U. Penn)

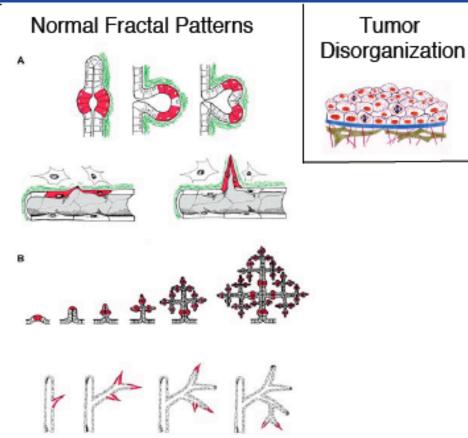
(Engler et al, Cell 2006)

Tissue Patterning Governed by Physical Interactions between Cells and ECM



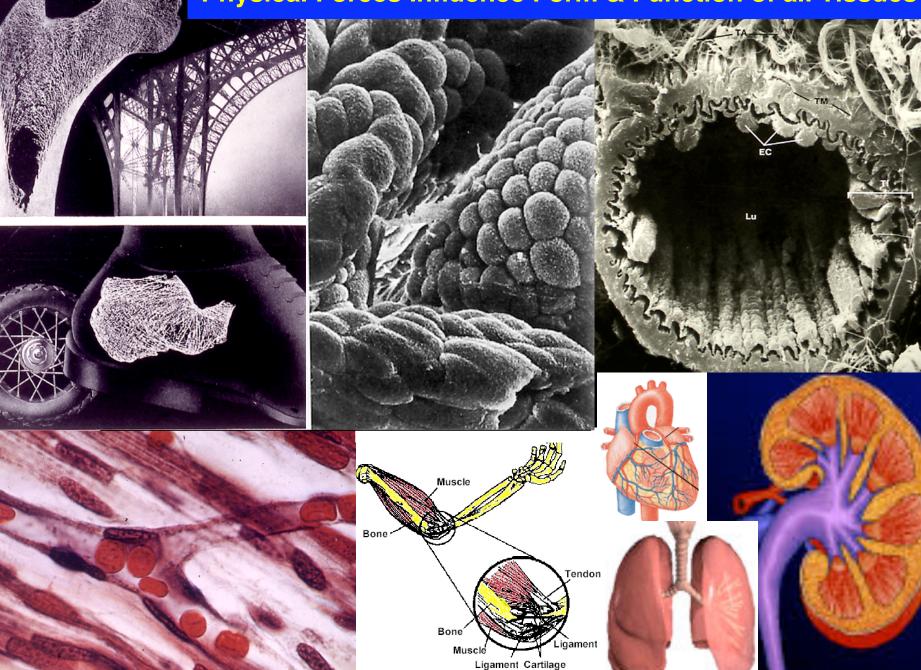


→ Spatial heterogeneity of cell fates drives morphogenesis



Cell fate switching depends on physicality of microenvironment

Physical Forces Influence Form & Function of all Tissues



C)

So how do cells sense and respond to *physical forces*? (= 'Mechanotransduction')



Old View:

Hypothesis:

Cells are like Water Balloons

Cells are Built Like Tents

The CYTOSKELETON

(internal framework composed

of molecular polymers)

The CYTOSKELETON

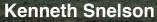
(Most Biologists Study its

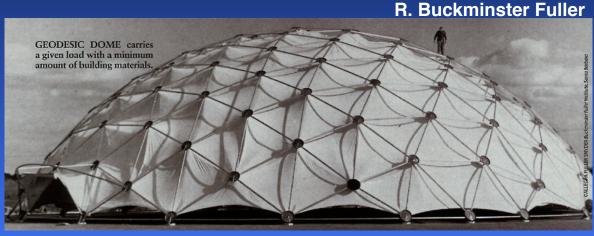
GEL PROPERTIES)

Tensegrity Architecture

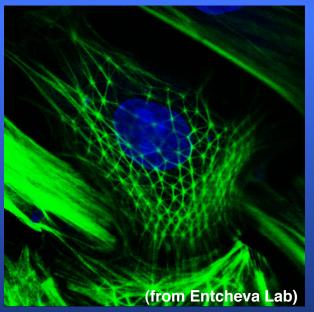
Uses "*continuous tension*" (tensional integrity)

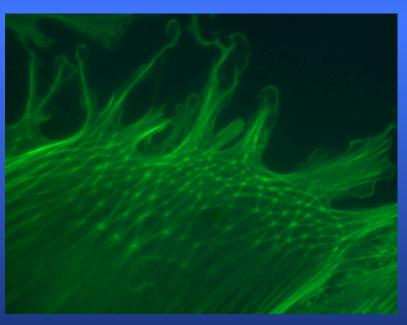






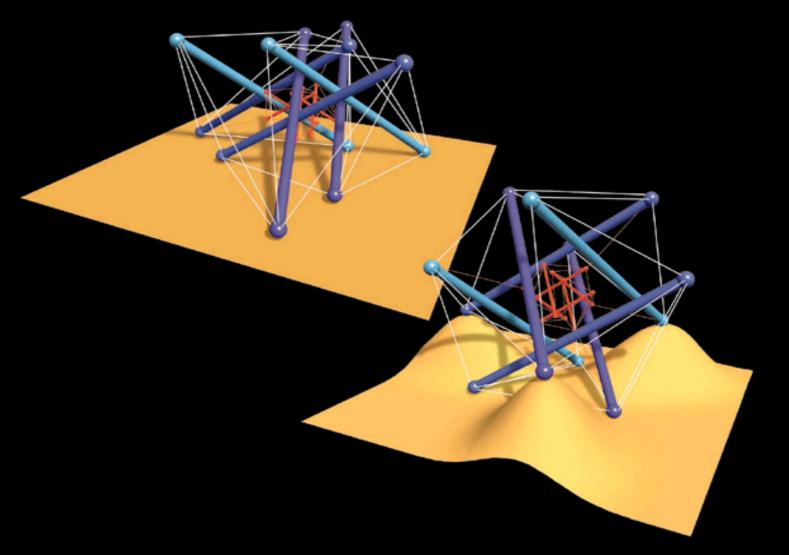
Geodesic Dome Building





Geodesic Domes in Cytoskeletons of Living Cells

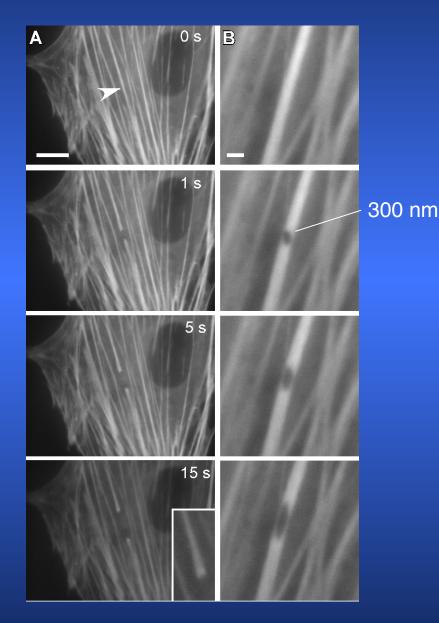
Cellular Tensegrity Model



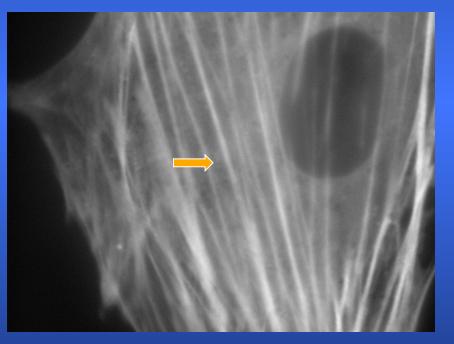
(Ingber et al., *PNAS* 78:3901-5, 1981; Ingber & Jamieson, 1985; Wang et al. *Science* 1993, *PNAS* 2001; Ingber *J. Cell Sci* 1993, 2003)

Living Stress Fibers are Tensed Molecular 'Cables' (revealed using Femtosecond Laser Nano-Surgery)

(with Eric Mazur, Physics, Harvard)



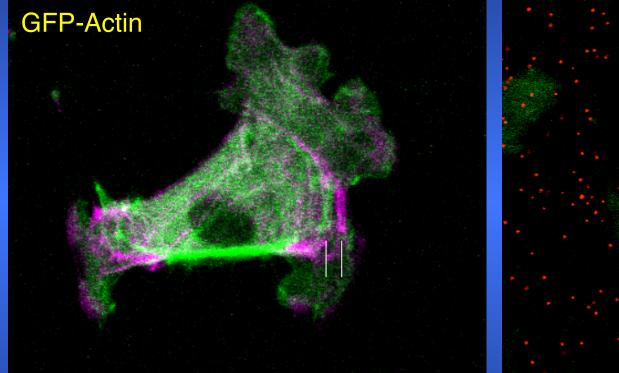
Retraction of a single actin stress fiber in a living cell



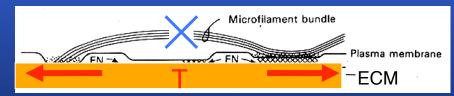
(Kumar et al., Biophys J. 2006)

Mechanical Continuity & Prestress in the Cytoskeleton and ECM

Flexible ECM Substrate

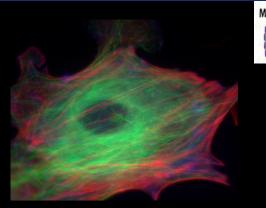


Before Cut: Green After Cut: Magenta



(Kumar et al, Biophys J 2006)

Microtubules are Semi- Flexible Struts that Bear Compression in Living Cells



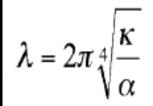
MICROTUBULES



Live Beating Heart Cell



(Brangwynne et al, *J Cell Biol 2006 with D. Weitz & K. Parker, Harvard U.* & F. Macintosh, Amsterdam)



Constrained Buckling Theory

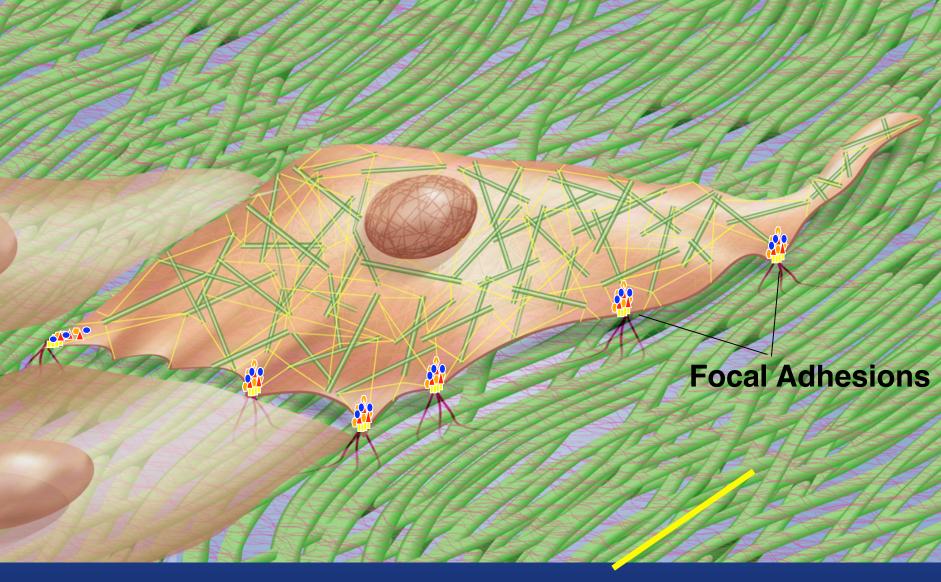
Curved (Buckled) Microtubules in a Fixed Cell

Cell Shape Stability Depends on Semi-flexible Microtubule struts balancing Tensed Actin Filaments



Spider Web Tensegrity

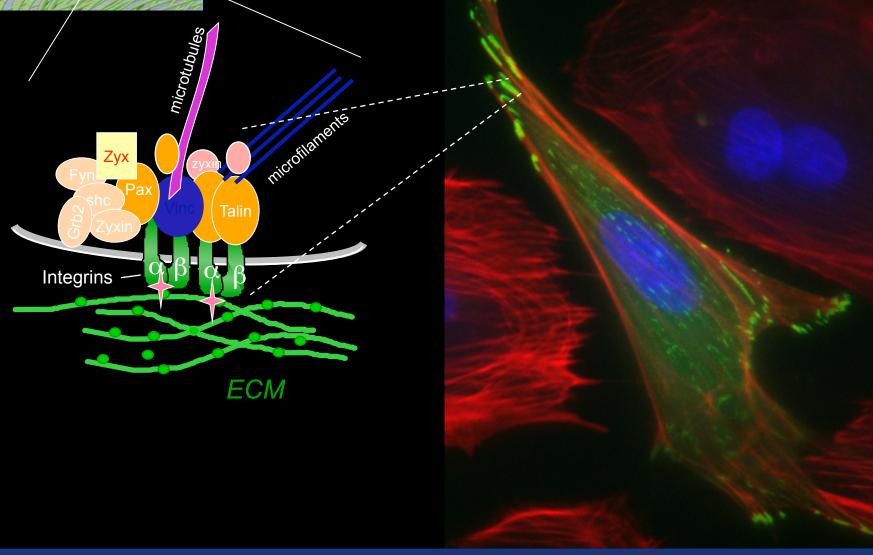
Cells Anchor to Substrates Through Multiple Small Tethers (= "tent pegs")



Extracellular Matrix (ECM)

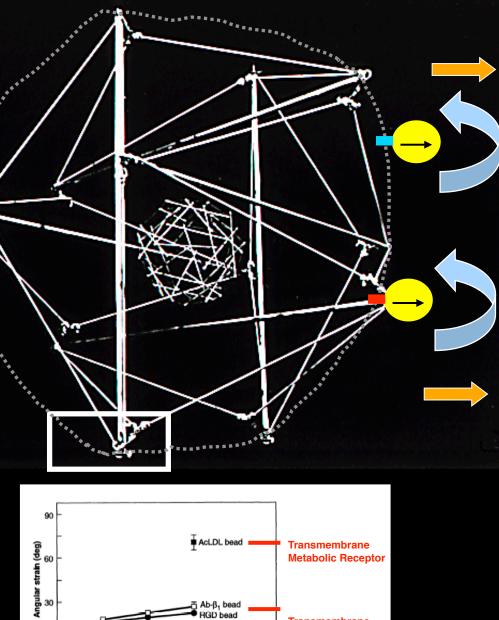


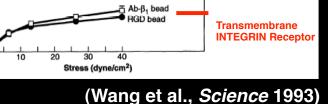
Cells Anchor through Integrin Receptors in Focal Adhesions ("tent pegs")



Tensegrity predicts Integrins act as Mechanoreceptors

(Ingber & Jamieson, *Gene Express. &...*, 1985; Ingber, *Curr. Opin Cell Biol.* 1991)

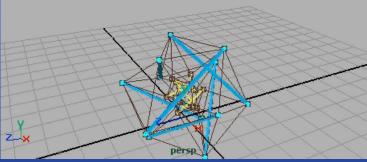




Mathematical Tensegrity Model of the Cell

(with D. Stamenovic, Boston U.)





(Stamenovic et al. J. Theor. Biol.1996; Coughlin & Stamenovic, J App Mech 1997,1998, J Theor Biol. 1999 & J Biomech. Engin. 2000; Wendling et al, J Theor Biol 1999; Wang & Stamenovic, Am J Physiol

A Priori Predictions now Confirmed:

• TENSILE PRESTRESS GOVERNS CELL MECHANICS (Wang & Ingber, Biophys. J. 1994; Lee et al., Am. J. Physiol. 1997)

•Linear relation between Stiffness and Applied Stress (Wang et al., Science 1993; Wang and Ingber, Biophys. J. 1994))

•Linear relation between Stiffness and Prestress (Wang et al., PNAS 2001; Wang & Stamenovic, Am. J. Physiol 2002)

•Quantitative Prediction of Cellular Elasticity

(Stamenovic and Coughlin, J. Biomech. Engineer. 2000)

• Prediction of Dynamic Mechanical Behavior (Sultan et al., Ann Biomed Engin. 2004)

•Mechanical Contribution of Intermediate Filaments to Cell Mechanics

(Wang and Stamenovic, Am J Physiol Cell Physiol, 2000)

Microtubules Bear Compression

(Keach et al., 1996; Wang et al., 2001; Hu et al., Bioscience, 2004; Brangwynne et al., J Cell Biol 2006)

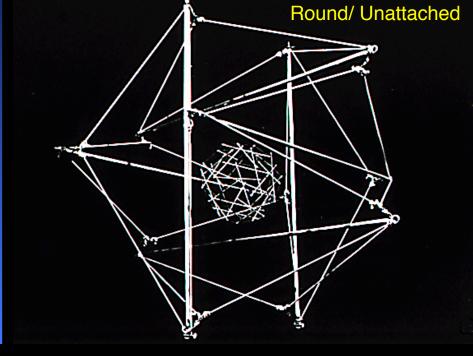
•Hysteresivity independent of prestress

(Maksym et al., Am. J. Phys. 2000; Wang et al., PNAS 2001)

Cell Physiol. 2000; Volokh et al. J. Biomech. 2000; Stamenovic, J. Biomech., 2005.;

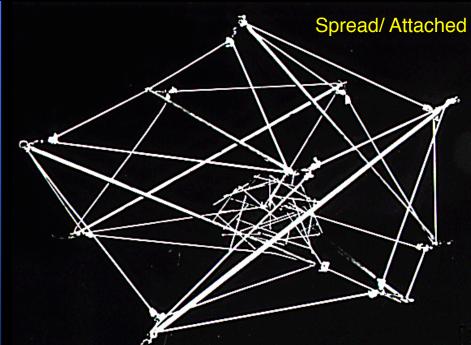
Canadas et al. J Theor Biol 1992, J Biomech Engin, 2006: Shen & Wolvnes, Phys Rev E 2005 [STATISTICAL PHYSICS MODEL

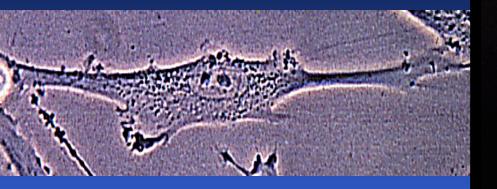
'Hierarchical' Tensegrity Cell Model with a Nucleus



Tensile connections promote coordinated 'cell' and 'nuclear' spreading

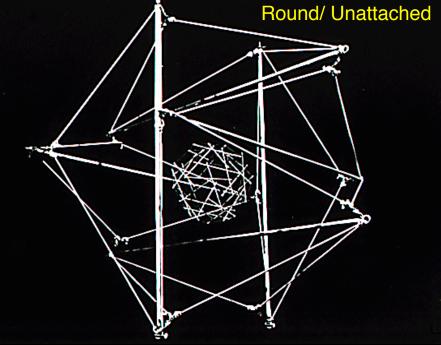
(Ingber et al., *PNAS* 1981; Ingber & Jamiesion, 1985; Ingber, *J Cell Sci* 1993; Ingber, *J Cell Sci* 2003)



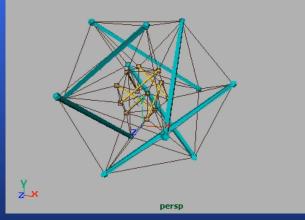


Coordinated cell and nuclear spreading in a living cell

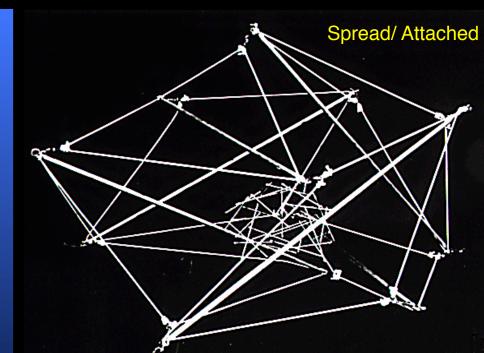
(Ingber, *PNAS* 1990)



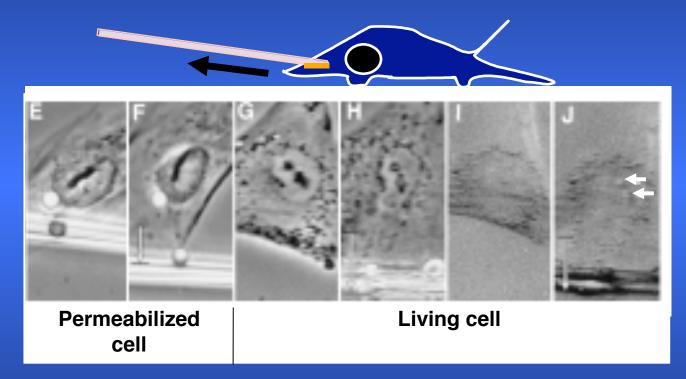
A simulated tensegrity cell



(Computer Simulation by Eddy Vuan 11 Toronto)



Long Distance Force Transfer in Living Cells from Integrins to Nucleoli



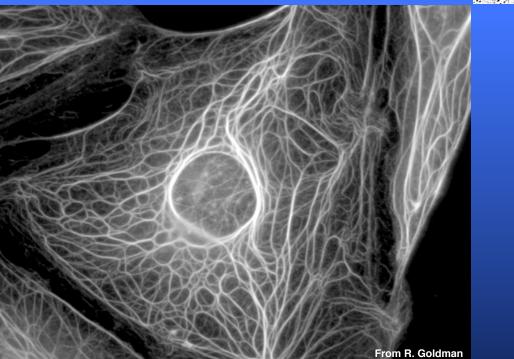
(Maniotis et al., PNAS 1997)

Intermediate Filaments are Suspensory Cables

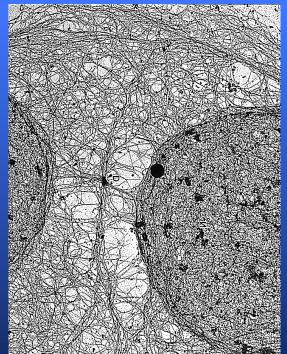
(Maniotis et al. PNAS 1997; Eckes et al. JCS1998)



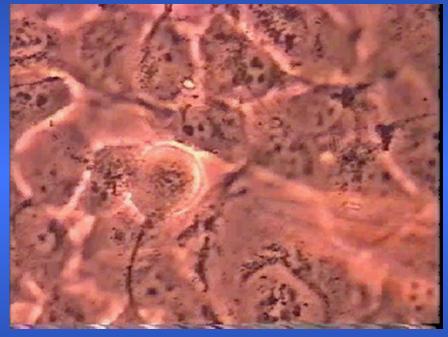
Link other filaments & membrane to the nucleus







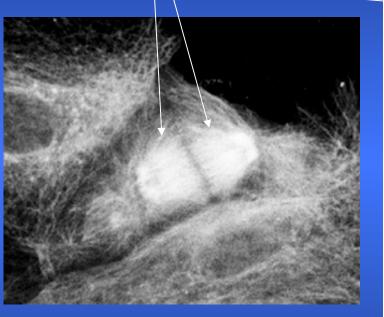
Mechanical Connectivity in the Human Genome

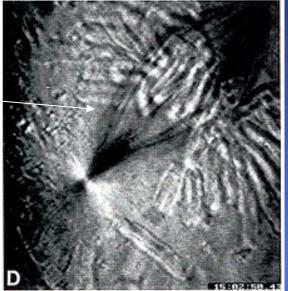


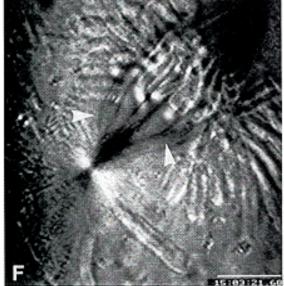
(Maniotis et al., *J. Cellul. Biochem.* 1997) (Movie by A. Maniotis & J. Karavitis)

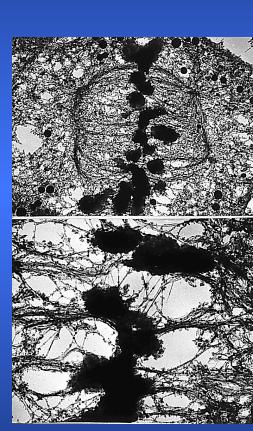
Mitotic Spindle as a Prestressed Tensegrity Structure

Spindle Microtubules







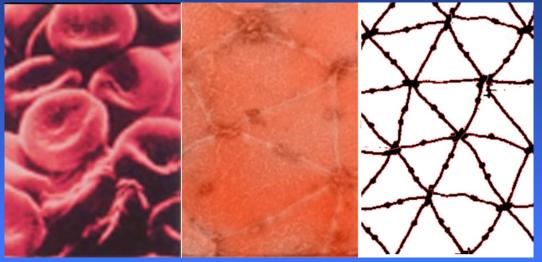


(Nickerson & Penman)

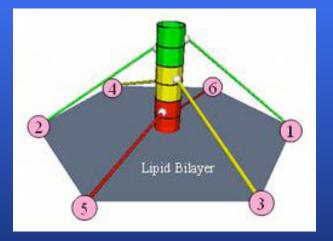
(Pickett-Heaps et al., *Cell Motil Cytosk* 1997)

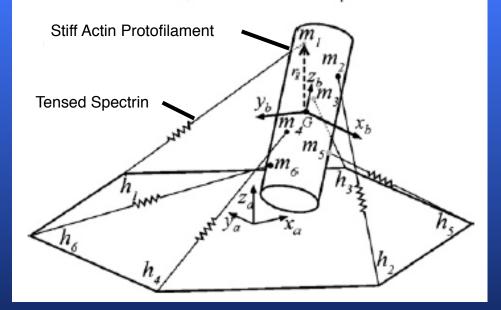
Cortical Membrane as a Prestressed Tensegrity

(Vera et al. Annals Biomed. Engin. 2005; Sung & Skelton, UCSD)



www.jacobsschool.ucsd.edu/news_events/releases/release.sfe?id=484





Viruses are Geodesic Tensegrities (Klug and Caspar)

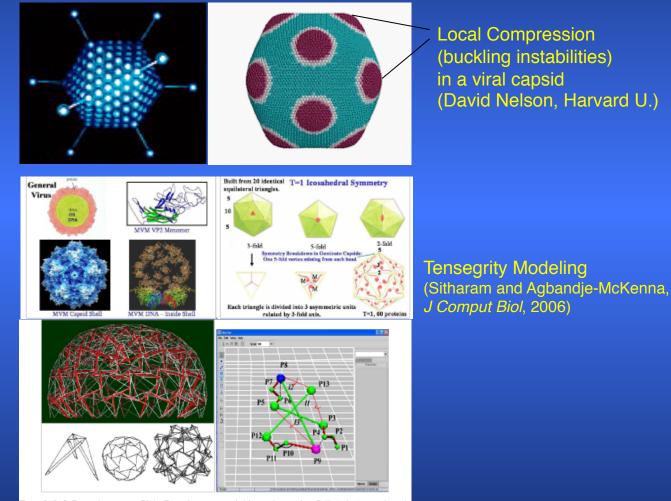
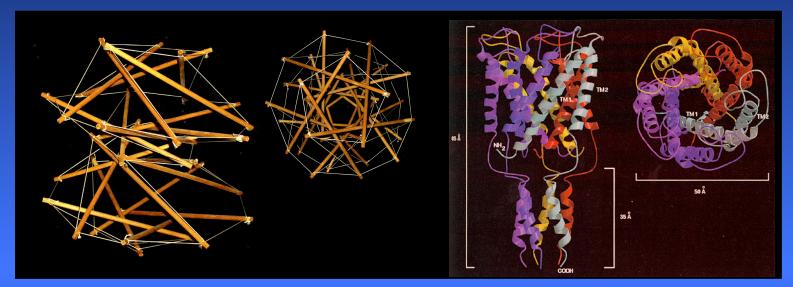


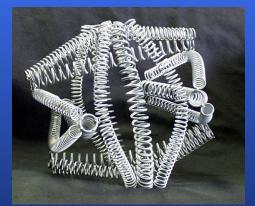
Figure 5: (Left) Tensegrity systems. (Right) Example monomer primitives and constraints. Balls (points) - atomic markers; Green line segments - variable length bonds; Arrows - torsion angles between green line segments (primary structure) Red - distances representing fixed length bonds (primary structure), Arcs – angles (primary structure), Dotted lines – distances (weak force) (using FRONTIER [107])

Molecules as Prestressed Tensegrity Structures



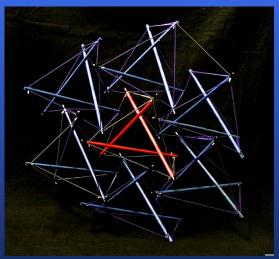
Tensegrity Stick-and-String Models

Stretch-Sensitive Ion Channel



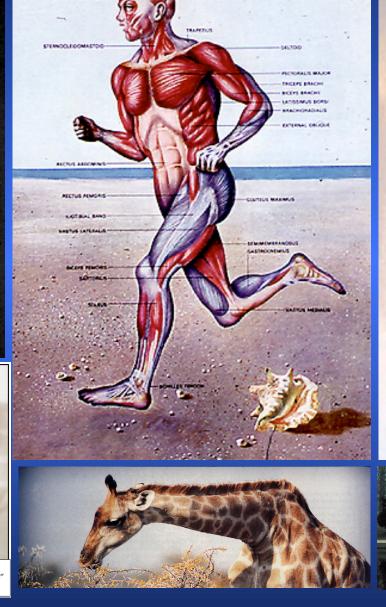
(Ingber, *Sci Am* 1998, *Bioessays* 2000, *J Cell Sci* 2003; Zanotti and Guerra, *FEBS Let* 2003)

CLUSTERED RECEPTORS?



Tensegrity at the Organism Level





RECEILA

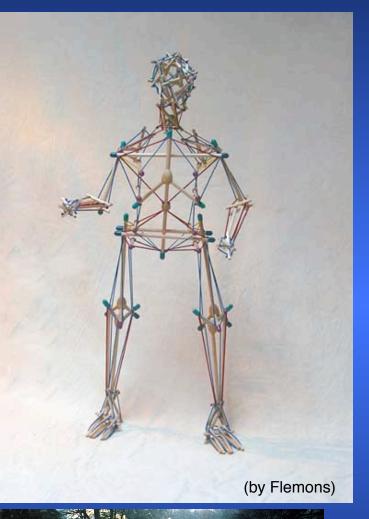
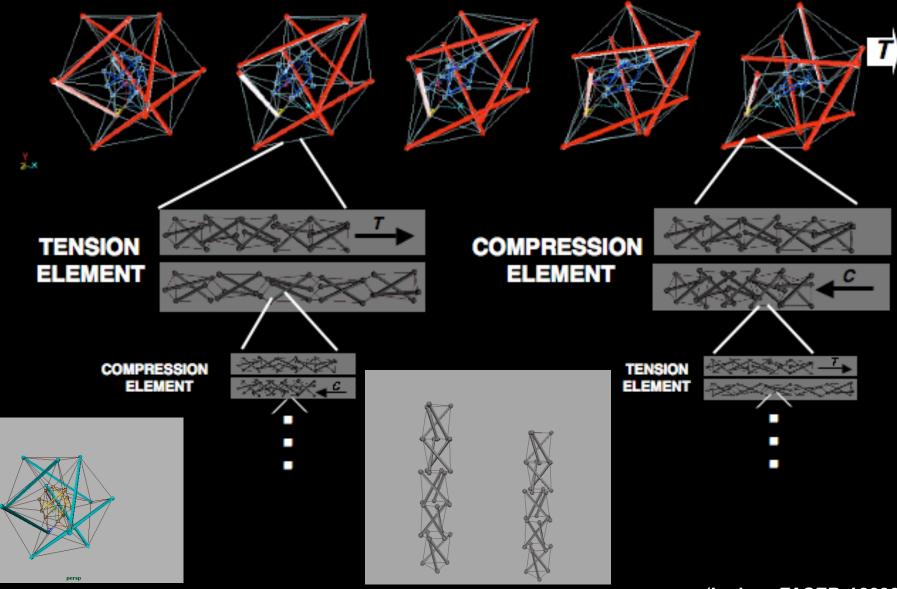




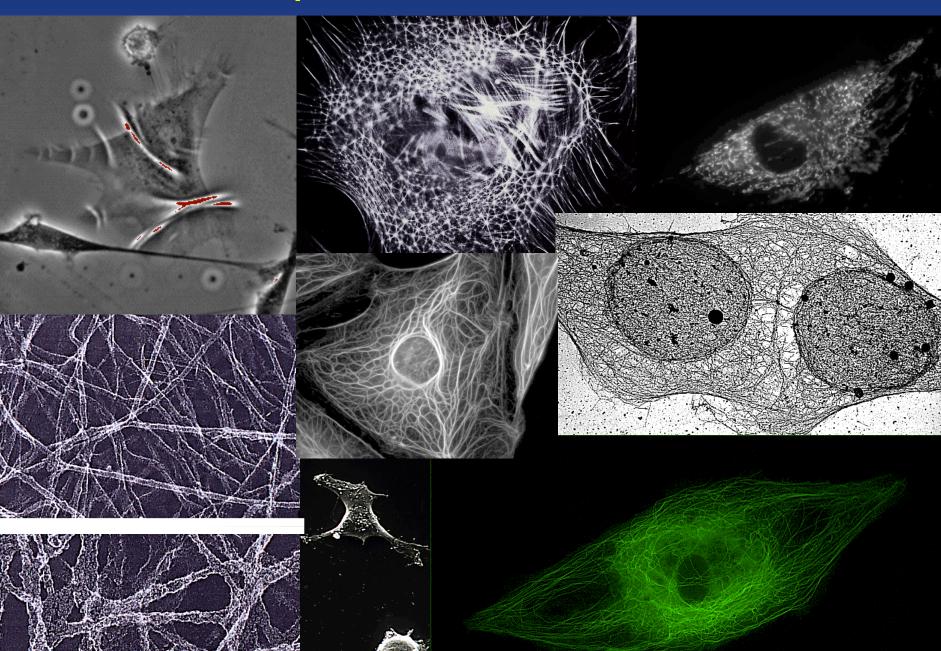
Fig. 3.16. "Tensegrity Thoracic Vertebrae" Illustration taken from Levin (2002)

Tensegrity-Based Hierarchical Integration

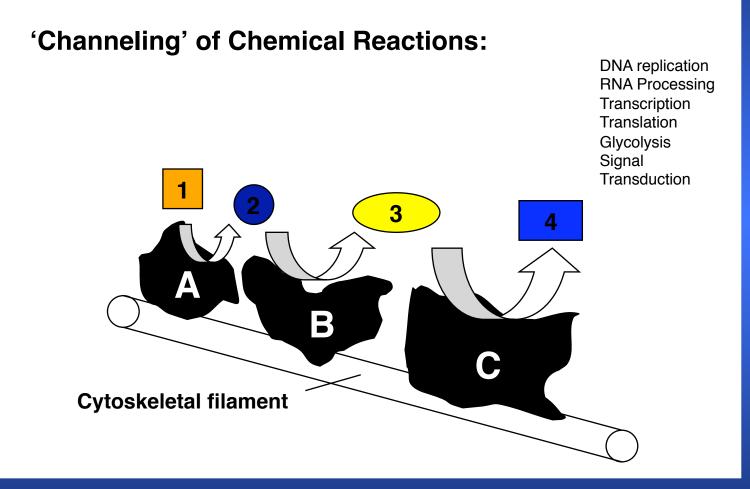
(computer images by Eddy Xuan, U. Toronto)



Cytoskeleton is More than a Mechanical Scaffold

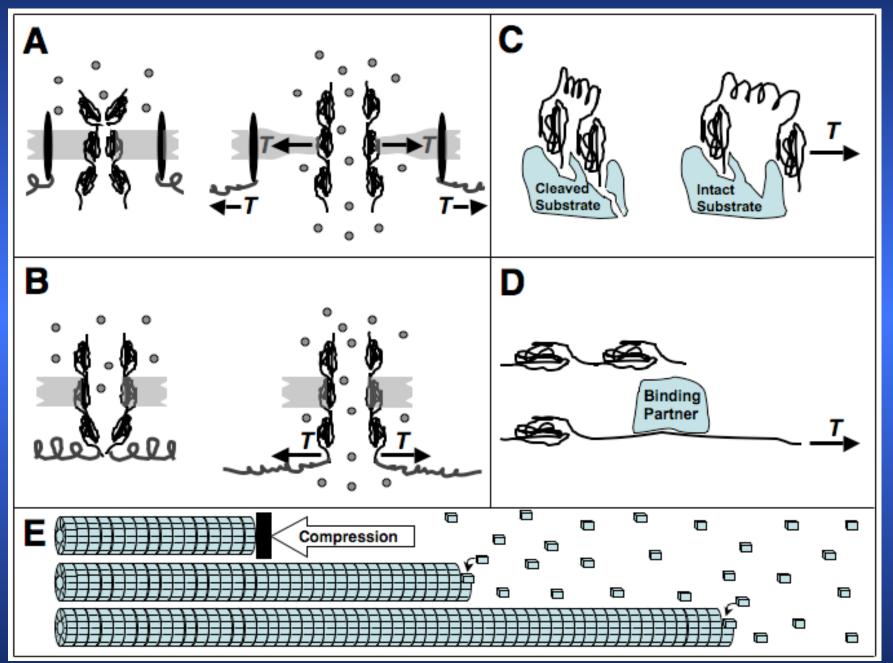


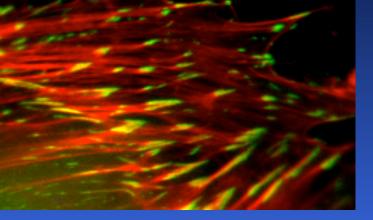
Solid-State Biochemistry on Cytoskeletal Scaffolds (Structure = Catalyst)



(Ingber, *Cell* 1993)

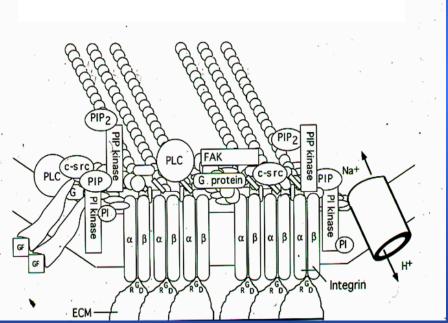
Mechano-Chemical Conversion at the Molecular Level



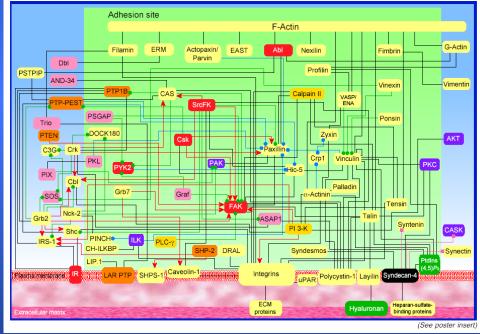


'Solid-State" Signal Integration in the Focal Adhesion (Integrins = TENT PEGS)

'Solid State' Biochemistry



Signaling Circuitry (> 50 elements)



(Ingber Curr Opin Cell Bio 1991; Miyamoto et al., Science & JCB 1995; Plopper et al., Mol Biol Cell 1995) (Zamir and Geiger, J Cell Sci. 2001)

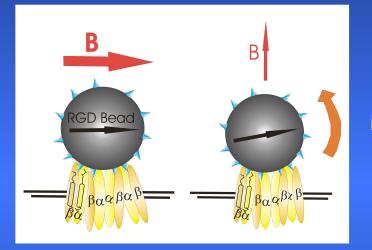
Signaling molecules are immobilized on the insoluble scaffolds in the focal adhesion

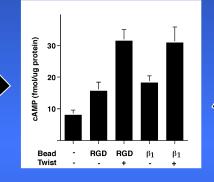
Surface Integrins Mediate Mechano-Chemical Transduction

Pulling on "Integrins" Activates Signaling & Gene Transcription

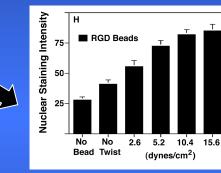
Mechanical Control of Gene Transcription

Activation of G_{α} proteins and cAMP Signaling by Mechanical Force Transmitted Across Integrin Receptors



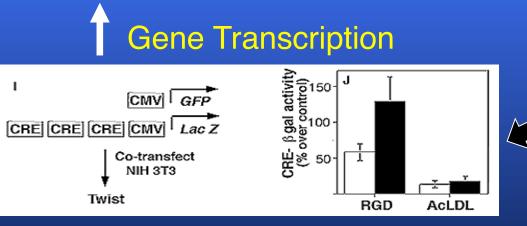


cAMP Levels

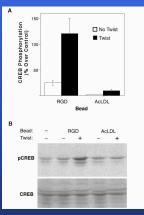


- TWIST



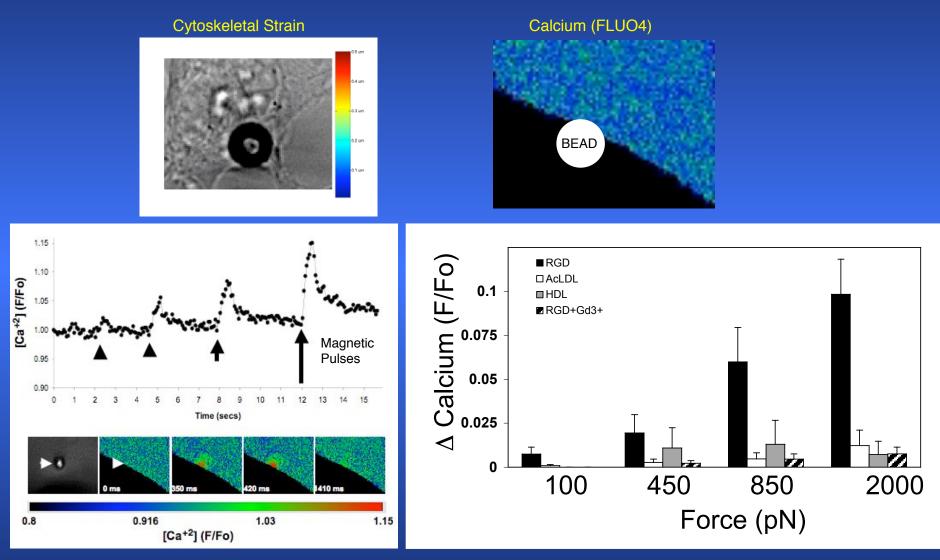


(Meyer et al., *Nature Cell Biol.* 2000; Alenghat et al., *J. Cell Biochem.* 2009)



CREB Activation

Pulling on Integrins Specifically Activates Ca⁺² Influx (Time scale < 10 milliseconds)

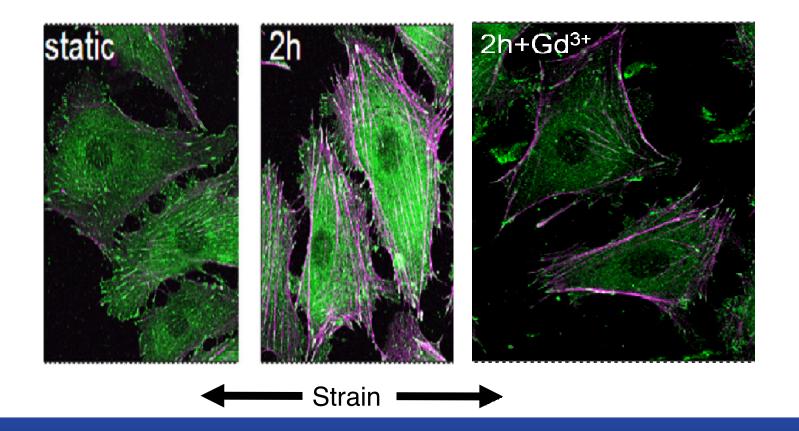


Force & Integrin Dependence

Force Dependence

(Matthews et al., in review)

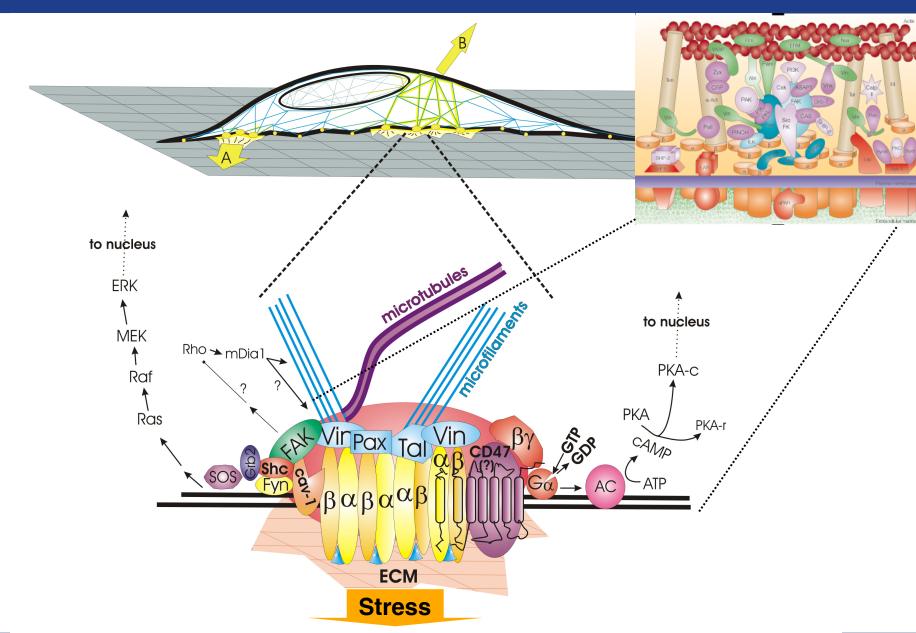
Strain-Induced Realignment of Endothelium is mediated by Mechanosensitive TRPV4 Channels and Rho



Force on Integrin SA Channel Rho FA Remodeling

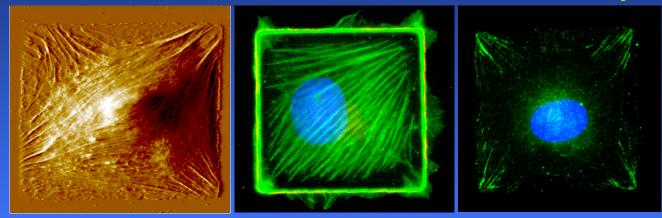
(Thodeti et al., Circ. Res. 2009)

Focal Adhesion is a Nanoscale Mechanochemical Machine



Revisiting How Cells Move

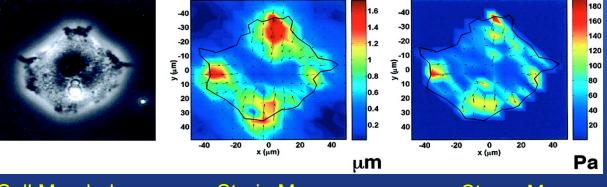
Cell Distortion Redirects Focal Adhesion Assembly



Actin Stress Fibers (AFM) (F-Actin) Focal Adhesions (Vinculin)

Guided by Localized Tension Application in Cell Corners

TRACTION FORCE MICROSCOPY:



Cell Morphology

Strain Map

Stress Map

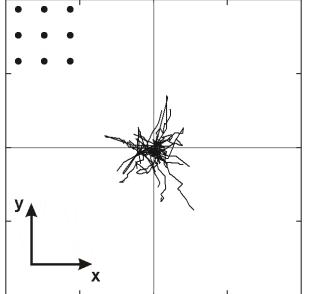
(Parker et al. FASEB J 2002; Wang et al., Cell Cytosk. Motil. 2002; Brock et al. Langmuir 2003)

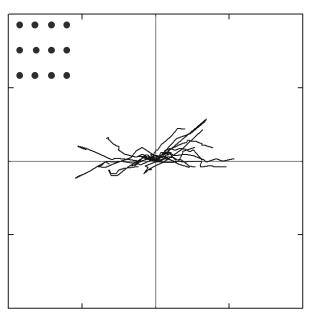
Physical ECM Pattern Governs Directional *Motility*

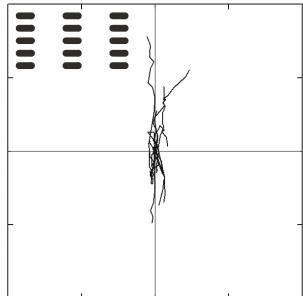
+ PDGF (NO CHEMICAL GRADIENT!)

(Xia et al., FASEB J 2008)

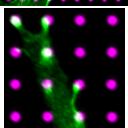




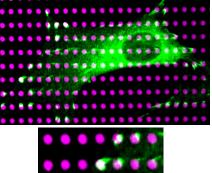




1C-3,3

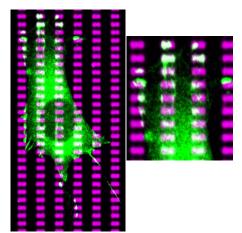


Focal adhesions only form on ECM islands

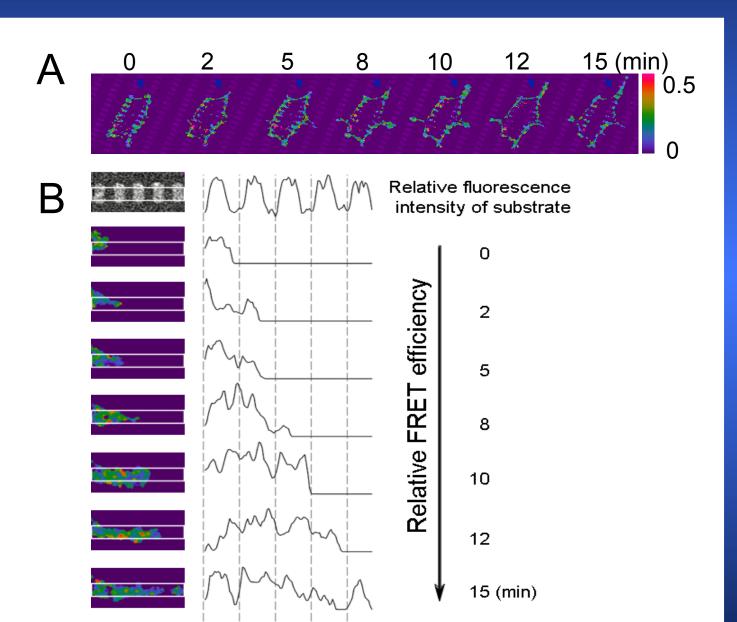


1C - 1.5, 3

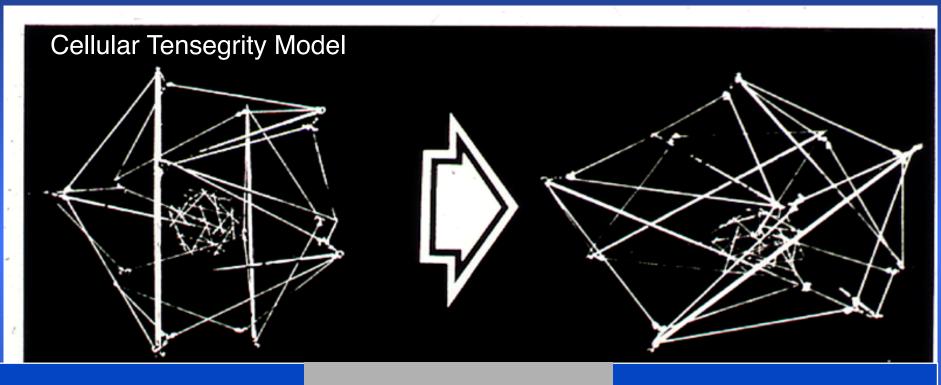
3L-4.5,1

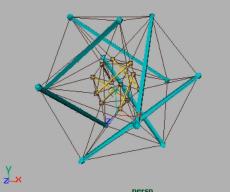


Real-Time Visualization of Rac Activation *in* Focal Adhesions (using Rac-FRET)

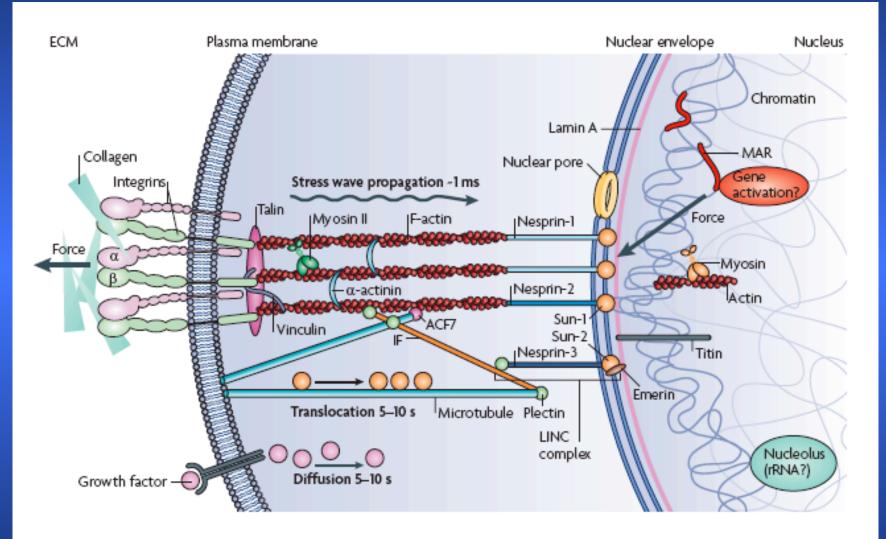


Long Distance Force Transfer Through the Cytoskeleton ("Action at a Distance")





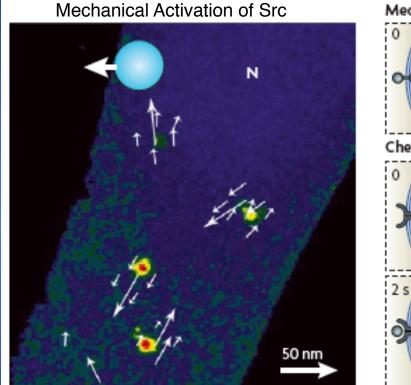
Molecular Hard-Wiring Between Integrins and Nuclei



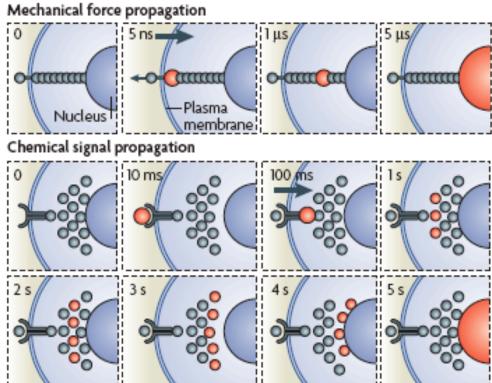
Nature Reviews | Molecular Cell Biology

(Wang et al., Nat. Rev. Mol. Cell Biol. 2009)

Mechanical Signaling is More Rapid than Chemical Signaling [work of Ning Wang (UIUC)]



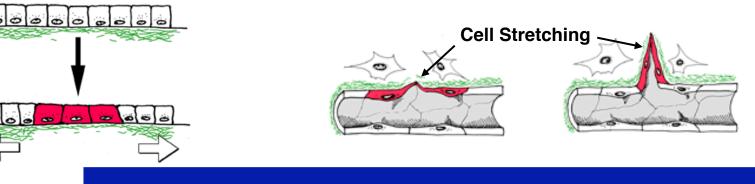
(Na et al., PNAS 2008)



Nature Reviews | Molecular Cell Biology

(Wang et al., Nat. Rev. Mol. Cell Biol. 2009)

Micromechanical Control of Morphogenesis



Underlying Hypothesis:

Cell Stretching

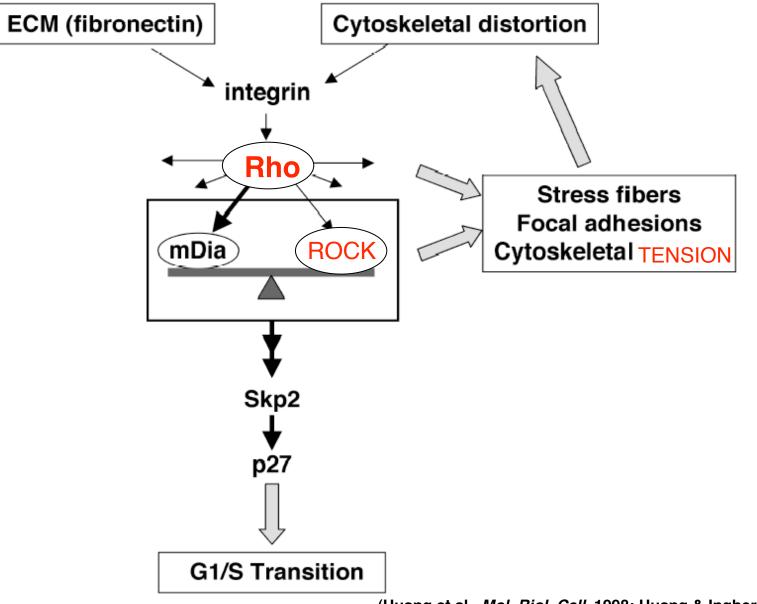
- ECM remodeling changes LOCAL MECHANICS
- Increasing ECM flexibility promotes cell stretching

 Tension on Adhesion Receptors & distortion of the cytoskeleton alters cellular biochemistry

Localized Growth & Motility

(Ingber et al., *PNAS* 78:3901-5, 1981; Ingber & Jamieson, In: *Gene Expression During Normal & Malig. Differ.*, 1985; Huang and Ingber, *Nature Cell Biol.*, 1999)

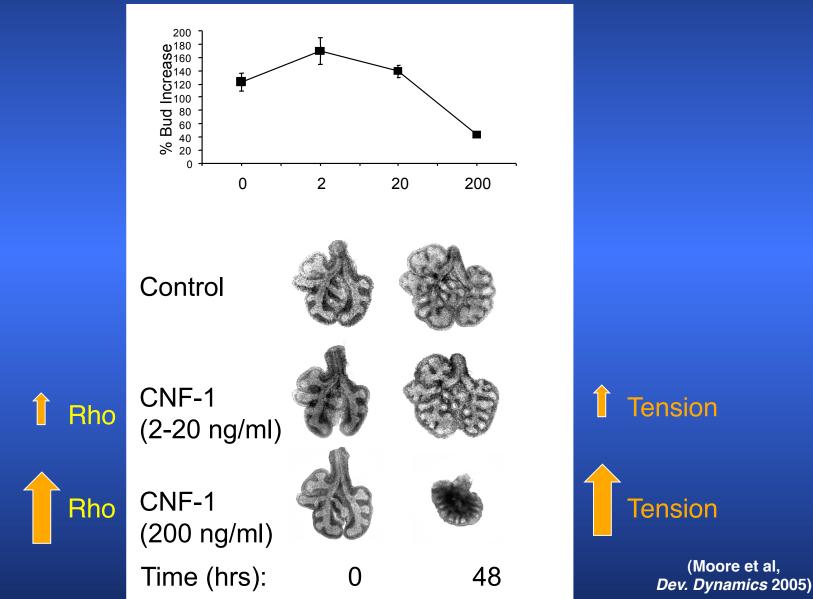
Rho Mediates Cell Shape-Dependent Growth Control



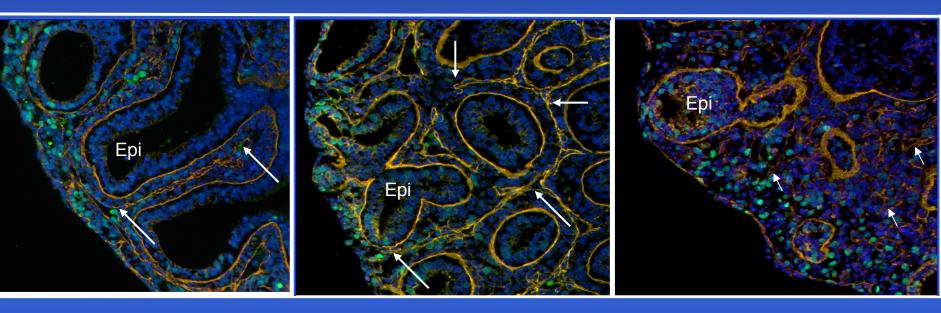
(Huang et al., *Mol. Biol. Cell*, 1998; Huang & Ingber, *Exp Cell Res.* 2002; Numaguchi et al., Angiogenesis 2003; Mammoto et al., *J. Biol. Chem. 2004 & J. Cell Sci. 2007*)

Whole Organ Development Requires a Fine Balance of Forces





Epitheliogenesis & Angiogenesis in Embryonic Lung can be Controlled by Altering Cytoskeletal Tension



Control

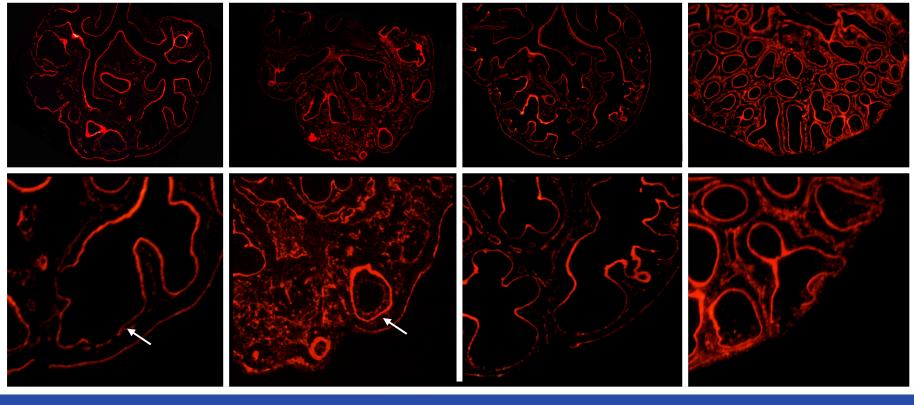
CNF-1 (20 ng/ml)

Y27632 (40 uM)

(Moore et al, Dev. Dynamics 2005)

Dissipation of CSK Tension Prevents ECM Thinning And Inhibits Morphogenesis

(Laminin Staining)



Control



Rescue

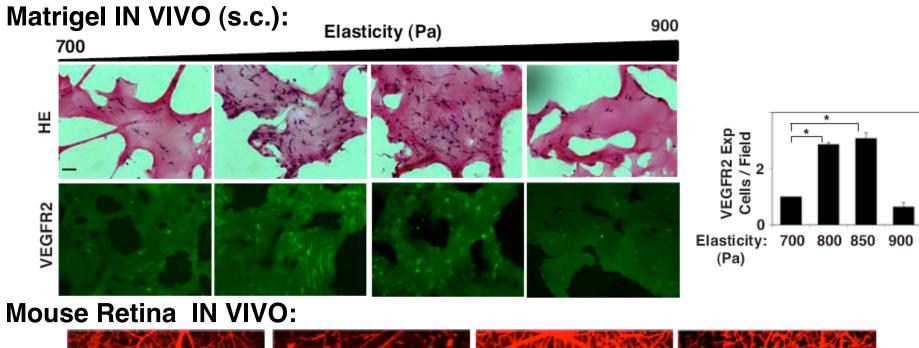


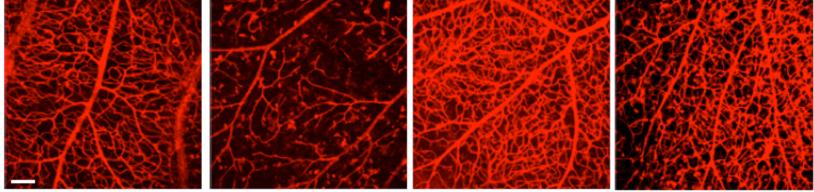
(Moore et al, Dev. Dynamics 2005)

Matrix Mechanics Controls Angiogenesis In Vivo

(Modulation of VEGFR2 Expression via Mechanical Control of Gene Transcription Factors)

(Mammoto et al., Nature 2009)





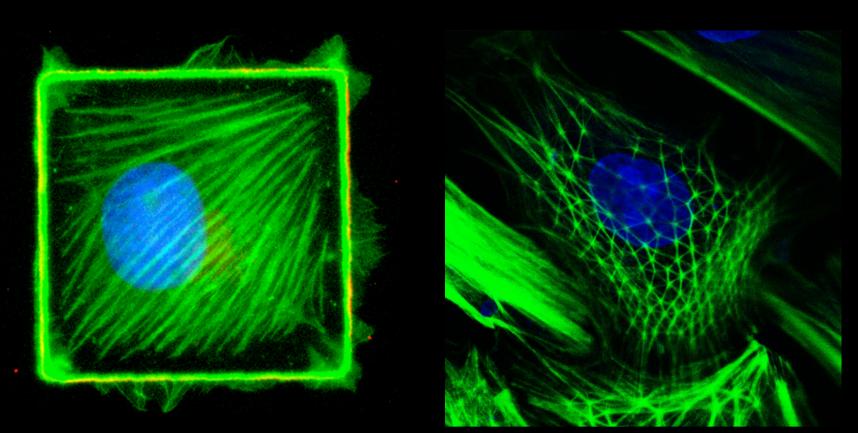
DNA: Control

TFII-I

GATA2

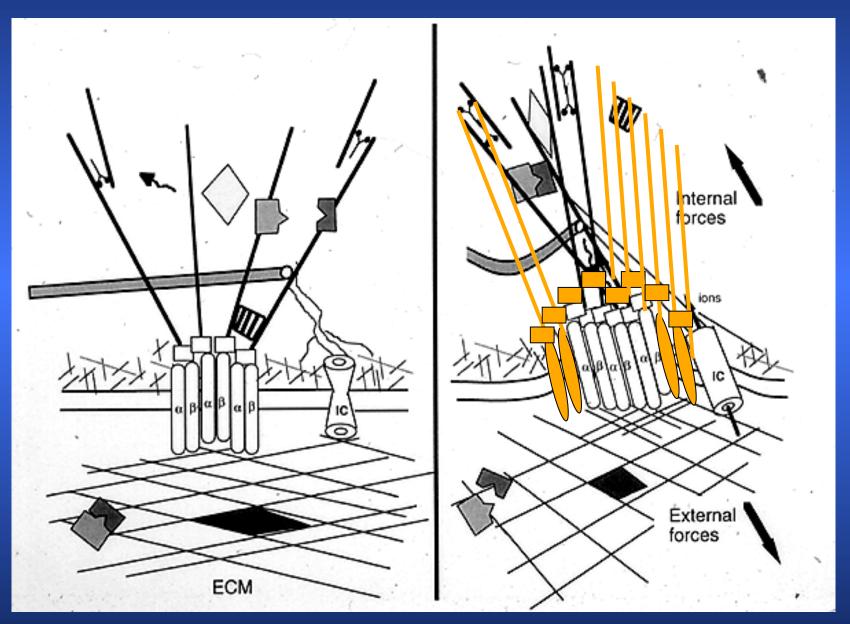
GATA2 + TFII-I

Mechanical Forces Exerted on the ECM & Cytoskeleton Are Key Regulators of Tissue Growth & Development

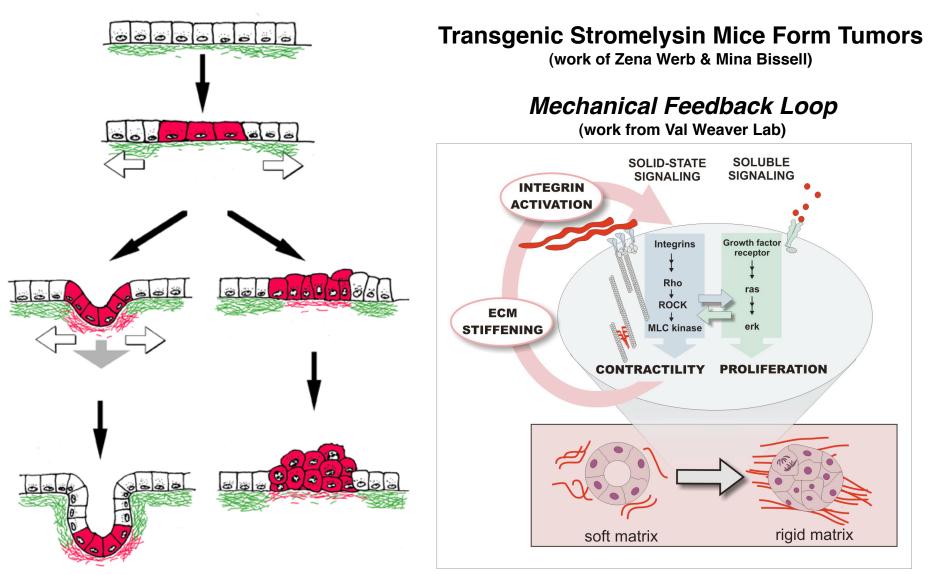


(From Encheva lab)

Cellular Control Lies in the Balance of Forces



ECM Structure & Cell Tension also Contribute to Tumor Formation



Ingber et al., *PNAS* 1981; Ingber & Jamieson, In: *Gene Expression During Normal & Malig. Differ.*, 1985; Huang and Ingber, *Nature Cell Biol.*, 1999; Sternlicht et al., *Cell* 1999; Paczek et al., *Cancer Cell* 2004; Huang & Ingber *Cancer Cell* 2005.

DISEASES OF MECHANOTRANSDUCTION

Many unrelated diseases in all fields of medicine & surgery share the common feature that their etiology or clinical presentation result from abnormal mechanotransduction, due to:

- changes in cell mechanics
- changes in ECM structure
- altered mechanosensation
- deregulated mechano-chemical conversion

(Ingber, Annals of Medicine, 2003)

DISEASES OF MECHANOTRANSDUCTION

Cardiology/Cardiac Surgery

Angina (vasospasm) Atherosclerosis Atrial fibrillation Heart failure Hypertension Intimal hyperplasia Valve Disease

Dermatology

Scleroderma

Gastroenterology

Achalasia Irritable bowel syndrome Volvulus

<u>Nephrology</u>

Diabetic nephropathy Glomerulosclerosis

Neurology/Neurosurgery

Cerebral edema Facial Tics Hydrocephalus Migraine Stroke Stuttering

<u>Oncology</u>

Cancer Metastasis

<u>Opthalmology</u>

Glaucoma

Orthopedics

Ankylosing spondylitis Carpal tunnel syndrome Chronic back pain Dupytren's contracture Osteoporosis Osteoarthritis Rheumatoid arthritis

Pediatrics

Pulmonary hypoplasia Collagenopathies Deafness Mucopolysaccharidoses Musculodystrophies Osteochondroplasias Pulmonary hypertension of newborn **Polycystic kidney disease**

Pulmonary Medicine

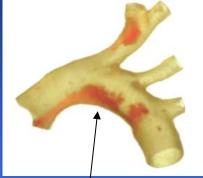
ARDS Asthma Emphysema Pulmonary fibrosis Pulmonary hypertension Ventilator Injury

Reproductive Medicine

Pre-eclampsia Sexual dysfunction (male & female)

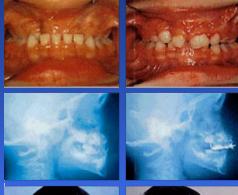
<u>Urology</u>

Urinary frequency / incontinence



Atherosclerotic plaque in areas of disturbed flow

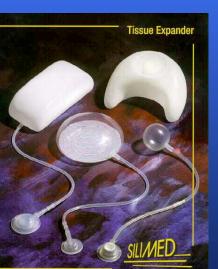
MECHANICAL THERAPIES







Distraction osteogenesis



Acupuncture Anti-arrhythmic drugs Anti-spasmodic drugs Bone fracture healing Botox Cardiac perfusion **Distraction osteogenesis** Inotropic drugs Lung ventilation Massage therapy **Muscle relaxants** Orthodontics Physical therapy Rho-kinase inhibitor (fasudil) Stents Surfactant Tissue engineering (manufacturing process) Tissue expansion (e.g., breast) Vasodilators Ventilator therapy Wound closure (e.g., vacuum-assisted)



External fixator

Lung ventilator



Bioinspired Technology Fallout:

'Organs-on-Chips'

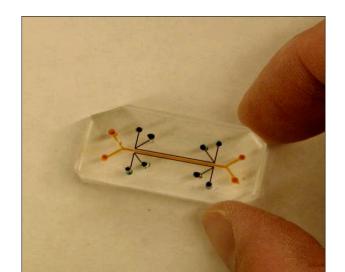
Microfluidic Systems

(Artificial Microvascular Networks)

Reynolds number

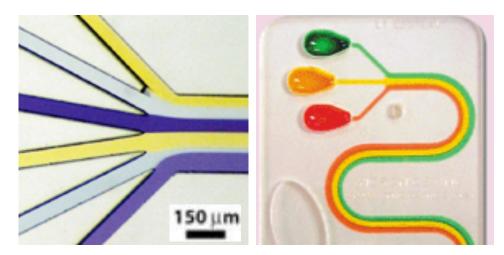
 $Re = \frac{Inertial forces}{Viscous forces} = \frac{\rho UL}{\mu} < 1$

- ρ = density of fluid
- μ = viscosity of fluid
- U = velocity
- *L* = characteristic length





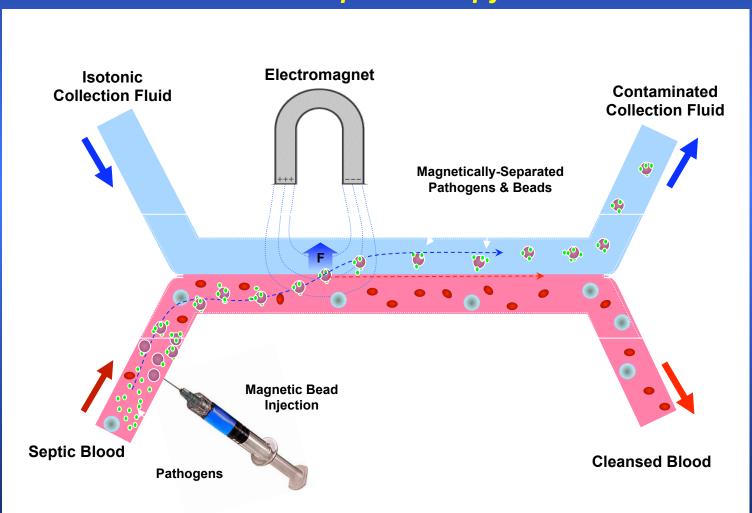
Turbulent flow (high Re)



Laminar flow with orderly fluid motion (low Re)

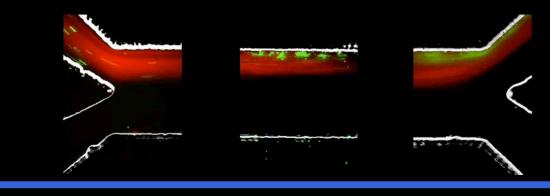
NANOMAGNETIC-MICROFLUIDIC CELL SEPARATION DEVICE

An extracorporeal microdevice that functions like an "artificial spleen" for Sepsis Therapy

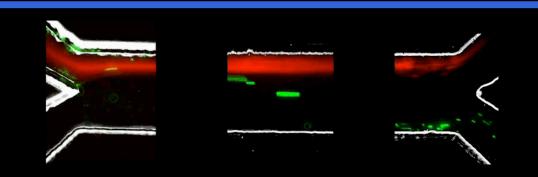


Magnetic Separation of Particles from Flowing Blood



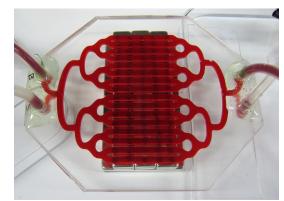




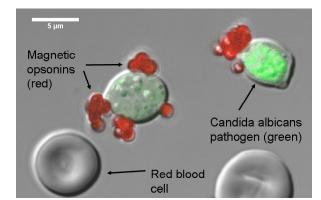


(Xia et al, *Biomed. Microdev.*, 2006; Yung et al., *Lab on a Chip* 2009)

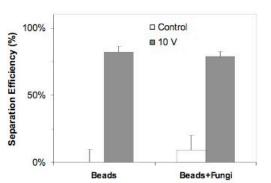
[Work of Chong Yung & Ryan Cooper w/ Mark Puder]



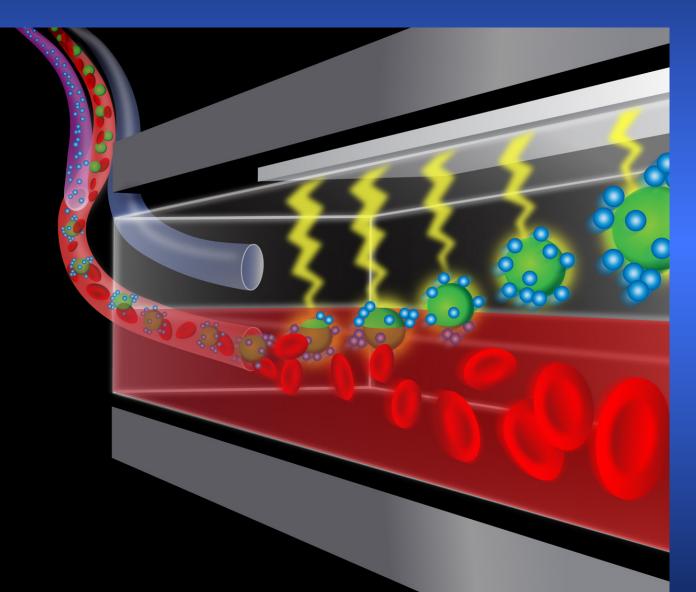
C. Albicans Fungi in Whole Human Blood (with funding from CIMIT & Wyss Institute)



Human Whole Blood (4-channel device, 20 mL/hr)



New Blood Separation Platform With Unlimited Capacity



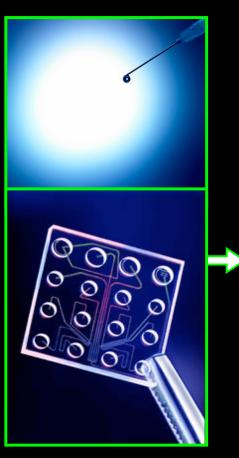
- Pathogens
- Cancer Cells
- Stem Cells
- Inflammatory Cytokines

•

• Fetal Cells (in maternal circulation)

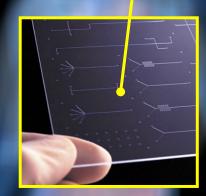


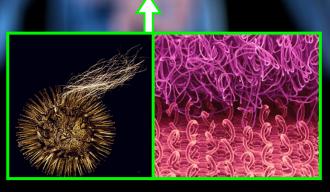
Human Breathing Lung-on-a-Chip (Work of Dan Dongeun Huh)

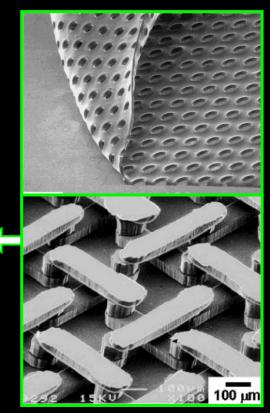


Microfluidics



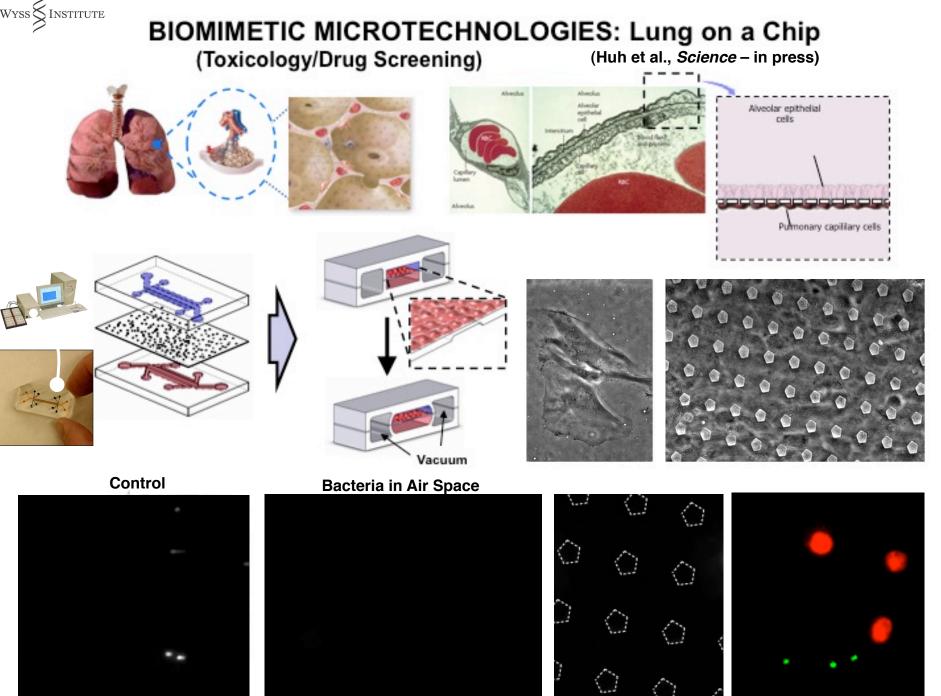




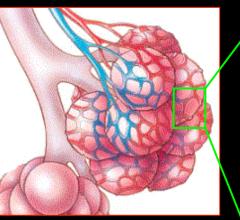


Microfabrication

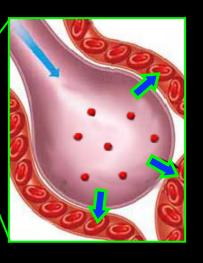
Bioinspired design

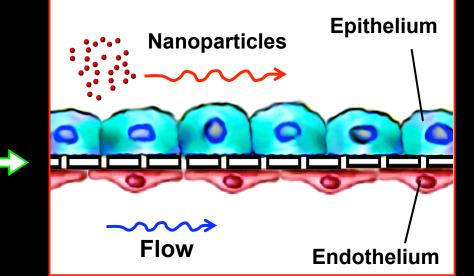


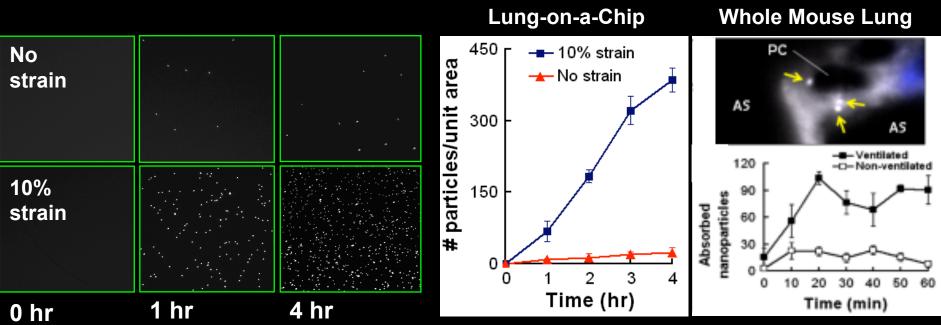
Influence of Breathing on Nanoparticle Absorption



Absorption of nanoparticles







(Huh et al., *Science* – in press)

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Transforming healthcare and the environment by emulating the way nature builds



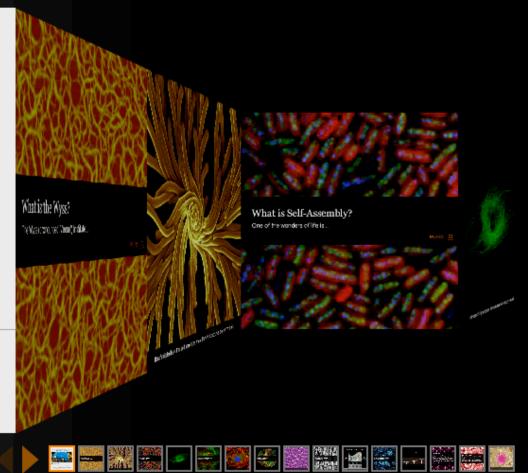
News

Events Stories

10.05.09 Don Ingber honored by Biomedical Engineering Society

09.22.09 L. Mahadevan wins MacArthur "Genius" Grant

09.30.09 George Whitesides receives \$250,000 Dreyfus Prize in chemistry See all News



Ingber Lab (Harvard/CH/Wyss)

Francis Alenghat (BWH) Cliff Brangwynne (Max Planck Dresden) Amy Brock Hannah Chang Chris Chen (U. Penn) Dan Huh Sanj<mark>ay Kum</mark>ar (U.C. Berkeley) Tanmay Lele (U. Florida) Akiko Mammoto **Bob Mannix** Ben Matthews Chris Meyer Kimberly Moore (UCSF) Martin Montoya Darryl Overby (Tulane) Kevin Kit Parker (Harvard) Julia Sero Charles Thodeti Shannon Xia Chong Vung

Collaborators:

Judah Folkman (HMS) Bob Langer (MIT) George Whitesides (Wyss/HU) Ning Wang (U. Illinois) Dimitrije Stamenovic (BU) Sui Huang (U. Calgary) Eric Mazur (HU) David Weitz (HU) William Shih (Wyss/DFCI)

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wyss.harvard.edu childrenshospital.org/research/ingber/